

## ***Vahlands Bistro Menu*** **All Day Break Fast Menu**

Toasted Fruit Loaf \$3.40  
Ham Cheese Croissant  
Chicken Avocados Croissant \$4.20  
Chunky Toast With Condiments \$3.20  
Muesli \$3.50  
Exxtra \$1.00  
Berry Smoothie \$4.50  
Rassberry / Blueberry  
Two Eggs 1 Rasher of Bacon on Chunky Toast \$6.90  
( Eggs- Freid ,Poached ,Scambled,)  
Extras \$1.00  
Bacon  
Spinach  
Mushroom  
Tomato  
Hash Brown  
Daily Fresh Fruit Salad \$5.50  
With 98%Fat Free Yogurt \$6.50

### **Starters**

House dips with-toasted foccacia fingers and grissini sticks\$750

### **Sandwiches**

(All served on Chunky Bread)

**Bacon, feta**, avocado, tomato, basil and lime mayo  
Feta, hommus, olives, artichoke hearts, sun dried  
Tomatoes, chiffonade of coss and rocket\$700

**Chicken breast**, camembert, avocado, chopped dried  
apricots, flaked almonds, baby spinach and guacamole\$7.00

**Roast beef** served hot with gravy, red wine, onions,  
tomato, pumpkin and baby spinach. Fries on side\$8.50

**Rosemary lamb** open sandwich – lemon, rosemary, tomato,  
Seeded mustard and lettuce. Fries on side\$8.50

## **Panini**

**Smoked salmon**, avocado, sun dried tomatoes, camembert and Lime mayo\$7.50

**Vegetarian** – roast pumpkin, marinated mushrooms, grilled artichoke hearts, feta, olives, coriander pesto, sour cream and rocket\$7.50

**Bacon**, tomato, onion, relish, tasty cheese and ice burg lettuce\$7.50

## **Burgers (All served with fries)**

### ***The Business Burger***

Beef, horseradish cream, tomato salsa, mint, avocado  
And rocket\$10.00

### ***The Education Burger***

Chicken schnitzel, bacon, mayo, onion, coriander pesto,  
Cheese, tomato, beetroot, pineapple and iceberg  
\$10.00

### ***The Science Burger***

Chicken breast, coss lettuce, parmesan, bacon, Caesar  
dressing and Poached egg\$10.00

### ***The Haccs***

Vegetarian burger with hommus, sour cream, tomato,  
onions, coriander, beetroot and *parmesan*\$10.00

### ***The Arts Burger***

Lamb with yoghurt and garlic dressing, onions, capsicum,  
Pumpkin, mint, tomatoes, rocket and mushrooms\$10.00

## Main Meals

<i>Smokes salmaon Patties</i>	
<b>Smoked salmon risotto</b> with feta, sun dried tomatoes, onions, mushrooms and baby spinach	\$12.50
Vegetable Lasagna	
<b>Vegetarian risotto</b> with honey baked pumpkin, eggplant, zucchini, and red capsicum	\$10.50
Chicken Camembert	
<b>Curried chicken</b> and spinach risotto served with papa dams and yoghurt	\$12.00
Beef Lasagna	
<b>Pasta with mushrooms</b> , bacon, lemon and feta with rocket	\$11.50
Beef Kababs	
<b>Pasta</b> with grilled and marinated vegetables	\$12.50
<b>Vegetable Stack</b> Eggplant, spinach and pumpkin stacks served with tomato salsa, pesto and topped with flaked almonds and sprinkled with parmesan	\$10.50
<b>Baked Potato</b> Caramelised pumpkin, feta, mushroom and baby spinach with lime mayo	\$10.50
Crumbed Cults	
<b>Chicken parmagiana</b> served with fries and salad	\$12.00
<b>Chicken Caesar salad</b> – coss leaves, bacon, parmesan, croutons and poached egg	\$12.00

## SEE SPECIALS BOARD

*Soup of the Day* \$6.50

*Roast of the Day* \$9.50

**Your Choice of the following in a  
Toasted Ciabatta or Foccocia**

\$7.50

\$7.90

**Bacon:**Rashers of Bacon, sour Cream, Sun dried Tomato, Avocado, Camembert and Iceberg Lettuce

**Roast Beef:**Oven Baked Roast Beef, creme fraiche, Hot English Mustard, Onion, Sun dried Tomato, Tasty Cheese and Ice Berg Lettuce

**Chicken:**Chicken Breast Pieces, Coriander Pesto, Avocado, Tasty Cheese and Gourmet Salad

**Smoked Salmon:**Traditional Basil Pesto, Onion, Sun dried Tomatoes, Avocado and Gourmet Salad

**Roast Lamb:**Oven Baked Roast Lamb, Creme fraiche, Cucumber, Tomato, Onion, Tasty Cheese and Gourmet Salad

**Oven Baked Potatoes**

\$6.50

**Vegetarian:**Char Grilled Vegetables, Sun dried Tomatoes, Basil Pesto, Guacamole, Sweet Chili, Sour Cream, Cheese and Salad

**Vegetarian :** Grilled Vegetables Topped With Sour Cream Coriander Pesto And Grated Cheese

**Bacon :** Topped with Coleslaw, Cheese, Sour Cream and Bacon

**Chicken Schnitzel Roll \$7.50**

Plain:

Chicken Schnitzel, Mayonnaise, Cheese, Tomato and Ice Berg Lettuce (Beetroot an Optional Extra)

Hawaiian:

**Chicken Schnitzel,** Mayonnaise, Bacon, Cheese, Tomato, Grilled Pineapple and Ice Berg Lettuce (Beetroot an Optional Extra)

## **Wraps**

### **Sweet Chili Tender**

Chicken Tender Mayo sweet chilli sauce , cheese And gourmet salad mix

### **Coriander**

Chicken breast pieces ,corriander pesto cheese and salad mix

### **Supreme**

Chicken breast pieces ,basil pesto guacamole sour cream chili sauce cheese and salad mix

### **Beef**

Oven baked roast beef onions, tomatoes, crème fraiche, cheese and salad mix

### **Vegitable**

Char grilled vegetables basil pesto Guacamole sour cream sweet chilli sauce cheese and gourmet salad mix

### **Lamb**

Oven baked roast lamb cucumber onions tomatoe Corriander pesto cheese and salad mix

## **Desserts**

Fruit Salad with honey yoghurt and mint\$5.00

Muesli cookie served warm with chocolate sauce, cream and Raspberry coulis \$6.00

Chocolate almond crunch with cream and strawberries\$6.00